

NEWMAN GROVE SCHOOL BREAKFAST/LUNCH MENUS

(A variety of low fat & fat free milks offered daily with each meal; salad bar is available to 7-12)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

September 17

Mini Donuts

Fresh Fruit & Juice

Corndogs

Baked Beans

Corn

Peaches

September 18

Apple Churro

Fresh Fruit & Juice

Tatertot Casserole

Green Beans

Pineapple

Dinner Roll

September 19

Waffle Sticks
Fresh Fruit & Juice
Grilled Chicken
Sandwich
Carrots
Tropical Fruit

September 20

Long John
Fresh Fruit & Juice
Breaded Pork Patty
Mashed Potatoes
w/Gravy
Pears/Dinner Roll

September 21

Pancake/Sausage Stick
Fresh Fruit & Juice
Beef Nachos
Fiesta Beans
Applesauce

September 24

Cinnamon Poptart
Fresh Fruit & Juice
Popcorn Chicken
Mac and Cheese
Peas
Tropical Fruit

September 25

Cheese Omelet
Fresh Fruit & Juice
Breaded Beef Patty
Mashed Potatoes
w/Gravy
Peaches/Dinner Roll

September 26

NO SCHOOL

September 27

Mini Apple Turnover <u>Fresh Fruit & Juice</u> Sloppy Joe Green Beans Mandarin Oranges

September 28

French Toast Sticks
Fresh Fruit & Juice
Chicken Quesadilla
Spanish Rice
Broccoli
Pineapple

October 1

Cereal Yogurt <u>Fresh Fruit & Juice</u> Crispitos w/Chz Sauce Corn Pears

October 2

Mini Waffles

Fresh Fruit & Juice

Cheeseburger

Broccoli

Peaches

October 3

Breakfast Pizza <u>Fresh Fruit & Juice</u> Breaded Chicken Patty Mashed Potatoes w/Gravy/Dinner Roll Mandarin Oranges

October 4

Cherry Frudel
Fresh Fruit & Juice
Pulled Pork Sandwich
Baked Beans
Peas
Pineapple

October 5

Mini French Toast
Fresh Fruit & Juice
Lasagna Bake
Green Beans
Garlic Bread
Tropical Fruit

October 8

Pancake Wraps
Fresh Fruit & Juice
Pizza
Broccoli
Applesauce
Brownie

October 9

Cherry Turnover

Fresh Fruit & Juice
Breaded Pork Sandwich
Peas
Mandarin Oranges
Cookie

October 10

Strawberry Poptart Yogurt Fresh Fruit & Juice Beef Stroganoff Corn Peaches Dinner Roll

October 11

Blueberry Muffin <u>Fresh Fruit & Juice</u> Sub Sandwich WG Sunchips California Veggies Tropical Fruit

October 12

Apple Churros
Fresh Fruit & Juice
Chicken Nuggets
Tater Tots
Green Beans
Pears

October 15

French Toast Sticks
Fresh Fruit & Juice
BBQ Rib Sandwich
Baked Beans
Mandarin Oranges

October 16

Cinni Minis
Fresh Fruit & Juice
Chicken Strips
Mashed Potatoes
w/Gravy
Pears/Dinner Roll

October 17

Banana Bread Slice Fresh Fruit & Juice Breaded Chicken Sandwich Curly Fries/Peas Tropical Fruit

October 18

Breakfast Sandwich
Fresh Fruit & Juice
Chili/Crackers
Carrot Sticks
Peaches
Cinnamon Roll

October 19

NO

SCHOOL



(menus are subject to change without notice)

